

The Star Garnet

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The Star Garnet

Ritual

One

Phos (touch forehead)

Cosmos (open arms)

Dynamis (touch right shoulder with left hand)

Schema (touch left shoulder with right hand)

Isos (touch heart)

Two

Pneuma (draw hand down to head)

Soma (draw hand down front of body)

Psyche (touch heart)

Three

Phalloi (touch genitals)

Delphus (touch abdomen)

Syndeo (touch heart)

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Meaning

One

This step establishes the operator as a magical human in a magical universe.

With the first gesture visualize light moving from the head to the feet. With the second gesture visualize light extending along the axis of the arms. This establishes the human body in a cross form. The next two gestures bring the hands to the shoulders with the arms crossed in front. The final gesture moves the hands to the heart to balance the movement of energies in all directions.

Phos: light

Cosmos: universe

Dynamis: power

Schema: structure

Icos: balance

Two

Pneuma: spirit

Soma: body

Psyche: soul

This gesture traces the descent of light from the stars through the central column of the body in recognition of the soul's descent into incarnation. The human being is body, soul, and spirit.

Three

Phalloi: phallic organ

Delphus: womb/retort

Syndeo: synthesis

This gesture brings energy up from the phallic tissue (clitoris or penis) through the delphus to the heart center. This is the path traced by the rising of sexual energy through the central column.

The delphus can be visualized as a deep red container within the abdomen. The operator chooses the visualization here. It can be a womb, a pot, a pyramid, or any other shape that works for the magician.

The energy comes to rest in the heart as the center which balances all the energies of the ritual.

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Four stages of the operation

Preparation

This is the Star Garnet Ritual which establishes the delphus as alchemical retort.

Syndeo

Synthesis. Place energies in the retort. Examples:

- Cake and wine from the Gnostic Mass.
- Host and wine from the [Mass of the Priestess](#).
- Sex magick operation with yourself, a partner, a deity, or your Holy Guardian Angel/daemon.
- Any other energy or substance to be transmuted.

The choice is left to the magician's ingenium.

Gestation

Hold the in the delphus until you understand it is time to complete the operation. This time period can be a moment of contemplation, nine months of meditation, a lifetime, or any time period that the magician requires.

Renewal

The energy of the operation is re-absorbed. For example, the result can be imagined as a child within the abdomen. This child expands into the subtle body until it completely fills the body, replacing and renewing it.